

Mental Health Tips

Okay, let me get beyond the weather with you for a second. No matter how good your ranch is, at some point you're going to have a hole in the fence. You can't ignore that hole. It's not going away until you stop and work on it. Well, our minds are a little bit like that fence. If your mind isn't right, then your business, your family, nothing is right.

Sometimes the hardest job is just to reach out and talk to someone. But we're used to the hard work. So let's get started. Go to [beyond the weather.com](http://beyondtheweather.com).