

Speaker 1

We asked Montana farmer Walt Sayles about the challenges of mental health in agriculture.

Another drought there always is. There's always going to be another something. I grew up in a generation of you pulled yourself up by your bootstraps. But it's become evident is what do you do if you can't even find those bootstraps? If you need to talk to somebody, go to [beyond the weather.com](https://www.beyondtheweather.com) for free counseling for Montana ag producers.